

# Grandma's Wonderland

## THE CAVE SPA

You are about to embark on a journey at Grandma's Wonderland and become one with the nature in The Cave Spa. You'll smell the earth, feel the seeds grow, hear the sounds deeper than ever. Our life menu is designed to make you feel balanced, purified and reconnect to your roots with the healing power of Homemade Aromatherapy's massage and care products.

### THE CAVE SIGNATURE

Using Earth massage oil created by Homemade Aromatherapy with earth and root scents, this therapy, which is applied to the whole body with palm pressure with moderate intensity, will accelerate your blood circulation and provide effective relief in your tissues.

50"  
1155฿ 90"  
1900฿

### CHAKRAS IN SYNC

For a healthy body and soul, the 7 energy centers in our body should be in balanced communication with each other. After determining the therapy you need with color cards, you will enjoy a spiritual and physical experience with one of the 7 different chakra oils of Homemade Aromatherapy.

90"  
1900฿

### GROUNDED

With the soothing power of Ylang Ylang and Patchouli herbs, your body's frequency will change; You will feel happy all day with the activation of enzymes in your tissues. Don't forget to put your feet on the ground at Grandma's Wonderland after the massage.

50"  
1155฿

### LET-GO

This massage, which is applied to the acupuncture points on the body's 3 energy lines, without using oil, will help you get rid of toxins by distributing your blocked energy and edema.

50"  
1155฿

### COPPER TOUCH

The healing power of the heated copper stones will permeate your body with Homemade Aromatherapy's circulation-enhancing massage oil, and you will leave Grandma's Wonderland feeling deep rest and refreshment in your tissues.

90"  
1900

### DEEP DIVE INTO THE CAVE 30 MIN THERAPIES - 940฿

#### DEEP TISSUE

With the deep pressure technique, you will feel that the stressed tissues in your back and neck area are relaxed, and the pressure and tensions are relieved.

#### ANTI-CELLULITE

The cellulite massage of Homemade Aromatherapy, which is applied locally with special oil mixtures targeting cellulite and stretch marks, accelerates blood and lymph circulation, helps to remove toxins that cause edema in the body, and ensures that the tissues are filled with oxygen and revitalised.

#### PEACE OF MIND

With this therapy applied to the face, head, neck and shoulders, you will feel that the chronic tensions that occur in this area in daily life disappear and you will feel revitalised.

#### FLYING FEET

With this massage, which is applied to the lower legs and soles of the feet with medium pressure, you will give the soles of your feet the care they deserve; leave the spa rested and feeling lighter.

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## THE CAVE SPA

### YOUR BODY IS YOUR TEMPLE

40 MIN BODY POLISH THERAPIES - 975฿

#### LA VIE EN ROSE

This care, which emphasizes the importance of grounding for the body, will clean the dead skin with rose particles, unrefined salt and soil, special oil blends; rose essential oil will raise your heart chakra frequency while coconut oil moisturizes your skin.

#### CELLULITE FREE

Unrefined rock salt, cold-pressed sesame oil, pure grapefruit, cypress, lavender and rosemary essential oils will expel your dead skin and quickly penetrate your skin through the opened pores; your fat tissues will be activated, your blood circulation will accelerate and your skin will become silky soft with cold-pressed coconut oil.

### VINEYARD FACIALS

30 MINS

Make-up removal oil + Grape Seed Scrub + Fresh Face Sprey + Care Serum + Fresh Face Cream

This care, applied with specially selected products from the Homemade Aromatherapy Facial series for all skin types will revitalise and deeply cleanse your skin.

790฿

50 MINS

Makeup Remover Oil + Grape Seed Scrub + Fresh Mask + Fresh Face Spray + Care Serum + Fresh Face Cream

While the dead cells on the skin are cleaned with ground grape seed, it will help tighten the pores with the effect of sweet almond oil and hybrid essential oil. After this care, your skin will be restructured, revitalized and glowing.

1090฿

### FOR HIM

#### RELEASE TENSION

The hard-pressed deep tissue massage applied with Homemade Aromatherapy's invigorating sports massage oil will relax your tense muscles and give you energy to reactivate.

50 mins - 1155฿

#### MUSCLE BALANCE

Unrefined rock salt, cold-pressed sweet almond oil, peppermint and eucalyptus essential oil will cleanse your dead skin while your skin will be refreshed, and your muscles will be deeply rested and relaxed with the effect of essential oils.

With cold pressed coconut oil, your skin will be moisturized and softened.

50 mins - 835฿

#### FACE TUNE

Skin Cleansing Oil + Grape Seed Scrub + Fresh Face Spray + Care Serum + Fresh Face Cream

This care, applied with specially selected products from the Homemade Aromatherapy Facial series for all skin types, will revitalize and deeply cleanse your skin.

30 mins - 790฿

#### CAVE FOR A DAY

Massage+ Facial  
Body Polish + Massage + Facial  
15% OFF

#### CAVE FOR TWO DAYS

Day 1: Body Polish  
Day 2: Facial & Massage  
15% OFF